



LONG BEACH ISLAND HEALTH DEPARTMENT
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www.lbihealth.com



Public Health
Prevent. Promote. Protect.

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September 9, 2022

The Health Department will be Hosting our Walk In Seasonal Influenza Vaccination at St. Francis Parish Hall

We anticipate this may be an active flu season. During the past couple years, the U.S. recorded the lowest influenza activity since 1997 when widespread surveillance began. This is likely a result of public health measures in place during the pandemic that have been protective of other respiratory and seasonal infections. However, with the relaxation of most public health measures and normalization of society we expect more opportunity for flu transmission.

What: Regular Seasonal and High dose (65+) available to adults and minors 5 years of age or older who are accompanied by a parent or guardian.

When: Tuesday September 27th from 1-3pm.

Where: St. Francis Parish Hall, 4700 Long Beach Boulevard, Brant Beach, NJ 08008

Who should get vaccinated & other important facts:

- All people 6 months of age and older should get vaccinated against seasonal flu every year.
- Children younger than 6 months are at high risk of serious flu illness but are too young to be vaccinated. People who care for them should be vaccinated instead.
- Vaccination is especially important for pregnant women and people with chronic diseases.
- The flu vaccine protects against several different flu viruses (strains). Flu vaccines are updated every year to better match the viruses circulating in the public.
- Getting the flu vaccine cannot give you the flu! The vaccine is made with inactive (killed) virus strains which are not infectious.

Note:

- All influenza vaccinations are with no out of pocket expense to all Long Beach Island residents
- Bring I.D. AND COMPLETED FLU VACCINE FORM WITH YOU *
- Printable forms are available online at www.lbihealth.com , or pick one up at St. Francis Community Center.
<https://lbihealth.com/wp-content/uploads/2021/09/flu2021pdf.pdf>
- HAVE YOUR UPPER ARM EXPOSED AND READY.

**For further information, please call
Long Beach Island Health Department
(609) 492-1212
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