

For the Caregiver

**Information, Support, & Referrals**

St. Francis Senior Services  
ElderMed at SOCH  
LBI Health Department

**CaregiverNJ**

[www.caregivernj.nj.gov](http://www.caregivernj.nj.gov)  
(877) 222-3737

**Consumer Resource Directory**

[www.ocean.nj.us/PDFs//  
CaregiverResources4\\_2007.pdf](http://www.ocean.nj.us/PDFs//CaregiverResources4_2007.pdf)

Other Resources

**New Jersey HealthLink**

[www.nj.gov/njhealthlink](http://www.nj.gov/njhealthlink)

Instant-access to healthcare information,  
services and eligibility, contact names and  
phone numbers

**New Jersey Department of Health and  
Senior Services**

[www.state.nj.us/health](http://www.state.nj.us/health)  
1-800-792-8820

Information for seniors and caregivers on  
benefits, community services, long term care.

**Medicare**

[www.medicare.gov](http://www.medicare.gov)  
1-800-MEDICARE

**Providence House**

1-800-246-8910

24 hour emergency hotline and shelter for  
victims of domestic violence.



2-1-1 is the gateway to health and social services,  
government assistance, and local community  
resources. Callers can find assistance for every-  
thing from healthcare to housing, shelters to food  
banks, legal aid to counseling.

2-1-1 service is free and available throughout New  
Jersey 24 hours a day 7 days a week from any  
traditional or wireless phone as well as from TTY  
equipment. There is multi-lingual access, and all  
calls are confidential.

**1-877-222-3737 NJ EASE**

Toll Free Help for Seniors



Watch Channel 22 for emergency notifications.



For *emergencies only* dial 911

Long Beach Township  
Senior Citizens Advisory Board  
Members

- |                    |                  |
|--------------------|------------------|
| Vilma Applegate    | Anita Miller     |
| Mayor DiAnne Gove  | Gene Patten      |
| John Hall          | Phyllis Romano   |
| James O'Hara       | Kathy Shackleton |
| Virginia Josephson | Kathleen Thulin  |
| Joanne Leichte     | Wendy Westberg   |

Mission

The Senior Citizens Advisory Board will advise  
the township commissioners on matters that impact  
senior citizens in the township.

Senior Citizens  
Advisory Board

Resource Guide



*Township of Long Beach  
6805 Long Beach Boulevard  
Brant Beach, New Jersey 08008*

*Phone (609) 361-1000  
[www.longbeachtownship.com](http://www.longbeachtownship.com)*

For bill payment convenience, use drop box slot  
located at the top of the handicap ramp.

## Local Resources

### **Long Beach Township Police Department**

[www.lbtpd.org](http://www.lbtpd.org)

6805 Long Beach Boulevard

Brant Beach, NJ 08008

(609) 494-3322

911 emergency response, emergency evacuation information, community lectures, defensive driving course, vacant home registration.

### **Long Beach Island Health Department**

[www.lbihealth.com](http://www.lbihealth.com)

11601 Long Beach Blvd

Haven Beach, NJ 08008

(609) 492-1212

Public health nurses provide individual & group health education, agency referrals, blood pressure screenings, wellness activities (Healthy Bones, Mobile Mammography, Hike for Health, Health Fairs), home evaluation visits, homebound emergency evacuation list, flu, pneumococcal & tetanus shots, travel health information & immunizations, speakers bureau.

### **Southern Ocean County Hospital**

[www.soch.org](http://www.soch.org)

1140 Route 72 West

Manahawkin, NJ 08050

(609) 978-8900

Diagnostic & clinical services, wellness & educational programs, health information, and volunteer opportunities.

### **SOCHConnect**

(609) 978-3400

Registered nurses answer healthcare questions, provide physician referrals, and register for wellness programs & support groups.

### **Southern Ocean Home Care & Hospice**

(609) 489-0252

Home Care offers services that allow patients to recover in the comfort of their own homes. Hospice offers a specialized type of care for people who are dying and their families.

### **Interfaith Health and Support Services of Southern Ocean County, Inc.**

(609) 489-0278

Volunteers provide support such as transportation, shopping, helping with paperwork and minor household chores, making social visits or phone calls, and relieving caregivers.

### **ElderMed**

(609) 978-3656

Free community service to help mature adults (50+) maintain a healthy and independent style of life. Benefits include fitness, travel, social, education programs, caregiver support and health screenings.

### **Lifeline Homebound Program**

(609) 978-3574

Personal medical alert service uses a waterproof button to connect subscribers to a personal response associate 24 hours a day.

### **St. Francis Senior Services/NJ EASE**

[www.stfranciscenterlbi.com](http://www.stfranciscenterlbi.com)

4700 Long Beach Boulevard

Brant Beach, NJ 08008

(609) 494-8861

Information, referrals, eligibility screening and assistance with applications for various programs, limited transportation, hot lunch program, Meals on Wheels, telephone reassurance, caregiver information and support group, SHIP (State Health Insurance Program) counseling, educational, social, physical health, physical fitness, & recreational programs, health fairs.

## County Resources

### **Ocean County Office of Senior Services**

[www.co.ocean.nj.us](http://www.co.ocean.nj.us)

1027 Hooper Avenue

Toms River, NJ

(732) 929-2091 & 1-877-222-3737

Provides information on county services and programs. A Consumer Resource Directory is available online or by calling the office.

### **Ocean-Monmouth Legal Services**

[www.lsnj.org/omls](http://www.lsnj.org/omls)

(732) 341-2727

Offers legal services in matters such as family matters, government assistance and benefits, housing, and consumer cases. Eligibility is based on income and assets. Senior citizens from Ocean County may receive some assistance, regardless of income, due to a special grant from the Ocean County Office on Senior Services.

### **Ocean Ride Reserve-A-Ride**

(732) 736-8989

Provides curb-to-curb, nonemergency medical transportation service to adults age 60 and over. Registration and 2 weeks notice are required.

### **Adult Protective Services**

(732) 349-1500

Provides support and assistance to vulnerable adults who are the subjects of abuse, neglect and /or exploitation.

### **Ocean County Prosecutor's Office**

“Senior Scam” Task Force

(732) 929-2027

Focuses on crimes against the elderly. FIRST Call your local police department if you are the victim of a crime.